

# Peripheral Nerve Catheter Home Instructions

CADD-Legacy® PCA

## IMPORTANT PATIENT INFORMATION

After your surgery you will receive a phone call from the InfuSystem Team to assess your pain control and report back to your doctor. This is not a sales call. Please help us complete this assessment.

## 24/7 NURSING HOTLINE:

**1-844-724-6123**

**If you have a medical emergency call 911.**

## ANESTHESIA REGIONAL CATHETER SERVICE CONTACT INFORMATION:

Daytime Phone:

After Hours/Weekends:

You have received a **CONTINUOUS PERIPHERAL NERVE BLOCK** to prolong the pain relief following your surgical procedure. This is a pain minimizing therapy that delivers an anesthetic (numbing) medicine to a nerve. After the first 12-20 hours your extremity will not be as numb. You may get some movement back as well as some soreness. You will **NOT** be able to see the medicine flowing through the tube but the numbers on the front of the screen will continue to go down. This nerve block will not necessarily take away all of your pain, but you will need much less oral pain medication (pain pills) while it is working. You will go home with a prescription for pain medications for when you have additional pain.



If you need assistance,  
please call 1-844-724-6123.

**InfuBLOCK**®  
by InfuSystem®

[infusystem.com/block](http://infusystem.com/block)

## 1. INFORMATION FOR INFUSION PUMP DAILY USE:

- Do not get pump wet. Do not shower; you may sponge bathe.
- The pump automatically gives you a continuous amount of medication through the tiny tubing to keep your nerve numb. Periodically you will hear a single buzz as the medication is released.
- Take care not to pull on tubing or it will dislodge from targeted nerve site.
- The front screen of the pump should be viewable through the window on your carrying case. You should see RUN on front of screen when it is on.
- This screen displays the amount of medicine left in the pump under Res Vol.
- You will see the numbers continue to countdown as the medicine is given.
- Begin taking your pain medications as directed by your physician at the first sign of discomfort.
- Slight leakage at catheter site is acceptable as long as pain is controlled. Reinforce with additional gauze or clean wash cloth on top of the clear tape dressing to absorb medication. DO NOT change dressing.

## 2. (IF DOCTOR ORDERED) USING THE INFUSION PUMP DOSE BUTTON:

- The dose button allows you to self-administer additional numbing medication if needed.
- Once you have pressed the button, a \_\_\_\_\_ mL dose will be given. You will hear a series of multiple buzzes as the pump gives the additional dose of medicine.
- Lockout period of \_\_\_\_\_ minutes will begin. You will not be permitted additional bolus doses until the specified lockout period has ended.

## 3. PUMP ALARMS: ALL ALARMS WILL HAVE A MESSAGE ON THE SCREEN. BELOW ARE TIPS TO RESOLVE:

- **HiPressure:** check for kink in tubing and check to see if white tubing clamp is open.
- Single beep every 5 minutes: check screen, is pump **stopped**? To start, press and hold **Start/Stop** button until you see three dashes across screen.
- **Low battery:** Battery power is low, change batteries.
- **Low:** pump is almost finished. (30 – 45 minutes left)
- **Empty:** volume is completed. Press and Hold the **ON/OFF** button until screen goes blank and pump turns off.

## 4. END OF INFUSION:

- You will have the Infusion system at home for two or three days.
- The pump will alarm **low** (low volume) when there is 5 mL (about 30 – 45 min.) left in your pump. Once volume is completed, the pump will alarm **Empty**. Press the stop button to silence alarm. Once **“STOP”** is displayed on the screen, press and hold the **“ON/OFF”** button until the screen goes blank.

## 5. TO REMOVE THE CATHETER:

If you have been instructed to remove your catheter, follow the discharge instructions for catheter removal.



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## 6. PUMP RETURN INSTRUCTIONS AFTER CATHETER IS REMOVED FROM PATIENT:

1. Remove the extra batteries from the return box
2. Remove plastic IV medication bag from black carrying bag
3. Cut the tubing on right and left sides of the pump and discard with the catheter and medication bag
4. Place the pump in the plastic Ziplock bag (there will be some remaining tubing attached)
5. Place the Ziplock bag with pump and black carrying case inside the return box
6. Seal box with stickers provided
7. Easy return via **US Postal Service**: Place box into your mailbox, hand to your mail carrier or drop off at your local post office
8. Postage is Prepaid - No additional postage is required

## IF YOUR PUMP ALARMS OR STOPS WORKING, PLEASE CALL THE 24/7 NURSING HOTLINE AT 1-844-724-6123 FOR ASSISTANCE.

- Alarms
- Excessive leakage noted from infusion pump
- Tubing disconnect
- Dislodged catheter
- Inadequate pain control

## TURN OFF OR CLAMP PUMP AND CALL ANESTHESIA IF ANY OF FOLLOWING SYMPTOMS DEVELOP:

- Skin rash or hives
- Mouth, lips, or tongue numbness or tingling
- Metallic taste in mouth
- Ringing in ears
- Slurred speech
- Blurred vision

## HOW'S YOUR PAIN TODAY?



0

No Pain



2

A Little Pain



4

A Little More Pain



6

Even More Pain



8

A Whole Lot of Pain



10

Worst Pain

\*Wong-Baker Pain Rating Scale



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